the Supreme Soul (Paramatman) and the individual sou]
(Jeevatman), always united, of the same name (Atman),
live on the same tree (the human body). One of them
enjoys the sweet fruit of the tree; the other looks on as a
witness, needing no food, and enjoys. Dwelling on the same
tree with the Supreme Soul, the deluded soul immersed in,
worldly relations is grieved by the want of power ; but when
it perceives the Ruler separate from worldly relations and
his glory, then its grief ceases. When the beholder sees the
golden-coloured Maker, the Lord, the Soul, the Source, the
Brahman, then having become wise, shaking off virtue and
vice, without taint of any kind, he obtains the highest identity.

This not only sets forth the distinction between the two
spirits but also defines their relations, indicates the cause
of their alienation and the process of their ultimate unity.
Suffice it for the purposes of this chapter to emphasise
that the human self is an emanation from the Infinite Self.
The body, which is the self's physical encasement, including'
in itself, as it does, the principle of life which animates man
in common with the animal, the vegetable and other forms

of existence, is only its temporary abode and the instrument
through which it passes into activity or can hold any inter-
course with its fellow-men and with the outer world. The
self is an independent spiritual entity, an indivisible unit,
a unit consisting of the spiritual ego and the principles of
intelligence and will, which retains its integrity; a unit which
will not be dissolved by the dissolution of the body but
simply be released from its corporeal encasement. It is in
this true self lies our personality, our absolute identity,
from the cradle to the grave, in spite of all the changes in
our body, in spite of the fact that every particle of the body
has been replaced countless times in our life. With every
breath of. air that is drawn, with every morsel of food that
is eaten, a vast succession of changes takes place. The atoms
that make up -the body, its heat, it@,
electric, condition, its